



FREE THREE-DAY FAMILY BEREAVEMENT PROGRAM FOR SUICIDE LOSS MAY 29-31

Families with children who have experienced the death by suicide of a parent, sibling or guardian are invited to register for a day of mentorship, support and group activities.



A Little Hope, Inc. - The National Foundation for Grieving Children, Teens and Families and Comfort Zone Camp are partnering to provide a three-day bereavement camp program for families in Litchfield, CT on May 29-31, 2015.

A weekend of healing can begin a lifetime of change.

This 3-day program is designed to:

- Break the isolation children often feel after a death
- Introduce peers who can personally relate to their loss
- Provide mentorship and professional therapeutic services
- Identify healthy coping skills for managing grief



In addition to traditional camp activities, campers and mentors attend age-based support groups where they can talk about their experiences and receive support from children their own age.



You are not alone. Parents/guardians are invited to a one-day program on Saturday and given the opportunity to share their experiences among peers who can relate to their loss, receive support, and learn how they can best support their children's efforts to manage their grief in healthy ways.



All services are 100% free of charge to families. Please refer any families you believe can benefit from this program.

Clinical and non-clinical volunteers are also needed! Training will be held in Manhattan on March 28, 2015. Visit the website for more information.

Questions? Email info@comfortzonecamp.org.
REGISTER at www.ComfortZoneCamp.org/ALH